Scientific Program

Hernia Essentials Didactics (Day 1)

Date 05 November, 2026, Place Osaka, Japan

An APHS accredited hernia training course based on current international guidelines on hernia management

All faculty lectures to be followed by MCQs with feedback audit and discussion.

0800 – 0910 **Registration**

0915 – 0920 **Welcome address** **Dr Hitoshi Idani**

0920 – 0925 **Presidential address** **Dr Takehiro Hachisuka**

0925 – 0930 **Introduction to Hernia Essentials** **Dr Anil Sharma**

Essential Principles in Hernia Repair

0930 – 0945 Inguinal anatomy **Dr Saseem Poudel**
- *Anterior (open) view*

0945 – 1010 Inguinal anatomy **Dr Hiroshi Hirukawa**
- *Posterior (endolaparoscopic) view.*

1015 – 1030 Abdominal Wall Anatomy **Dr Yasuhiro Yuasa**

1030 – 1040 Classification of Hernia : Inguinal, Ventral and Incisional **Dr Kiyotaka Imamura**

1040 – 1100 Mesh and Fixation **Dr Hitoshi Idani**
- *Synthetic, Biologic, Coated, Long-term absorbable*

1100 – 1110 MCQs **Dr Anil Sharma, Pankaj Gupta**

1110 – 1130 **Tea Break**

Inguinal Hernia Repair

1130 – 1150 Open (from Suture to Lichtenstein) Hernia Repair **Dr Kazuki Sakamoto**
- *Preoperative considerations, anesthesia, patient position, surgical technique, post operative considerations, troubleshooting*

1150 - 1210 TAPP Repair for Inguinal Hernia **Dr Rakesh Gupta**
- *Patient selection, preoperative considerations, anesthesia, patient position, initial access, port positions, surgical technique, post operative considerations, troubleshooting*

1210 – 1230 TEP Repair for Inguinal Hernia **Dr Yo Kawarada**
- *Patient selection, preoperative considerations, anesthesia, patient position, initial access, port positions, surgical technique, post operative considerations, troubleshooting*

1230 – 1250 Which Hernia Repair? Individualization of treatment options **Dr George Yang**
- *Mesh / non mesh*
- *Laparoscopy / open*
- *TEP / TAPP*
- *Individualisation*

1250 – 1300 MCQs **Dr Anil Sharma, Pankaj Gupta**

1300 – 1350 **Lunch Break**

1350 – 1430 Clinical scenarios in Inguinal hernia repair **Dr Anil Sharma**
- *Varied clinical scenarios with contentious issues in hernia repair*

Ventral / Incisional Hernia Repair

1430 – 1450 Open Ventral Hernia repair **Dr Yasuhiro Yuasa**

- *Principles* of open repair, types of open repair, principles of component separation.

1450 – 1510 IPOM and IPOM plus repair **Dr Hitoshi Idani**

- *Patient selection, preoperative considerations, anesthesia, patient position, initial access, port positions, surgical technique, post operative considerations, trouble shooting*

1510 – 1520 eTEP repair. **Dr Kiyotaka Imamura**

1520 – 1535 Newer Repairs in Ventral Wall Hernia **Dr Nozomi Ueno**

- *Ventral TAPP repair, SCOLA, MILOS, TAPE, TARM*

1535 – 1540 MCQs **Dr Anil Sharma, Pankaj Gupta**

1540 – 1555 Robotics in hernia repair **Dr Gen Shimada**

1555 – 1610 **Tea Break**

1610 – 1625 Widen the Abdomen : Ancillary procedures **Dr George Yang**

- *Component separation, TAR, Botox, Pre-op pneumoperitoneum*

1625 – 1645 Radiology in Abdominal Wall Hernia **Dr Rakesh Gupta**

1645 – 1650 MCQs **Dr Anil Sharma, Pankaj Gupta**

1650 – 1730 Clinical scenarios and Decision Making in VH **Dr Anil Sharma**

- *Varied clinical scenarios with contentious issues in hernia repair*

1730 – 1740 Course Feedback

1740 - 1800 Group Photo, Quiz Awards Ceremony and Closing **All Faculty**